

## **Cardiovascular and Diabetes Coalition of Indiana (CADI)**

**April 25, 2012**

**1-4 pm**

### **Minutes**

#### **1. Welcome and Roll Call**

Participants:

*Via conference call* – Rose Flinchum, Mark Matthews, Bill McKee, Mary Schalliol, Karen Shidler, Barb Welty

*In person* – Jonathan Barclay, Carol Briley, Dawn Christman, Deborah Cross, Cynthia Cunningham, Rosana DeJesus, Robin Downing, Jackie Eitel, Robert Flint, Meenakshi Garg, Roy Geib, Lisa Graves, Laura Heinrich, Lisa Higgins, Betsy Jerome, Greg Lorenz, Danielle Patterson, Jennifer Pferrer, Karen Pope, Ruth Rench, Manisha Singhal, Brad Sutton, Champ Thomaskutty, Jessie Westlund, Nancy Yoder

*Staff:* Jena Grosser

#### **2. Approval of January 25, 2012 Minutes**

Dr. Flint motioned to approve the minutes from the last council meeting; Dr. Garg seconded the motion.

#### **3. Old Business:**

##### **a. CADI Update**

Laura Heinrich gave an overview of the newly formed Cardiovascular and Diabetes Coalition of Indiana (CADI) and welcomed all new members. She also discussed the crossover between diabetes and cardiovascular health.

##### **b. ISDH Update**

The Indiana State Department of Health (ISDH) has formally merged its Diabetes and Cardiovascular Health programs into a combined section. It is now officially called the Cardiovascular Health and Diabetes Section and is staffed by Laura Heinrich, Manisha Singhal, Champ Thomaskutty, and Gail Wright.

##### **c. Review Edits to Diabetes State Plan**

Laura Heinrich asked all members to review the updated draft of the Diabetes State Plan that was sent out via email prior to the meeting. Please send your comments to Laura at [ltheinri@isdh.in.gov](mailto:ltheinri@isdh.in.gov). The next draft of the Plan will incorporate member feedback and will also include cross-references to other crosscutting areas such as nutrition and physical activity, tobacco, complete street policies, and so on.

The Plan is in the final stages of completion; however, it is a living document that will continue to evolve. Once the Diabetes State Plan is approved, the next order of

business will be to develop cardiovascular health goals and objectives; however, no timeline has been set as of yet since we are still developing capacity in that area.

4. **New Business:**

**a. Update on Cardiovascular Burden in Indiana**

Champ Thomaskutty gave a presentation on the burden of cardiovascular disease in Indiana. The presentation provided data on the overall prevalence of heart disease and stroke as well as statistics stratified by sex, race and ethnicity. Disparities and the limitations in capturing accurate data on minority populations were discussed at length in response to questions from the audience. The presentation concluded with current state and community level interventions that are currently being implemented to address these issues as well as Healthy People 2020 clinical and community recommendations.

The anticipated release date of the Cardiovascular Disease Burden Report is Summer/Fall 2012. For more information, contact Champ at [cthomaskutty@isdh.in.gov](mailto:cthomaskutty@isdh.in.gov).

**b. CADI Business:**

The large group broke out into the following four smaller workgroups to start formulating CADI Bylaws:

1. Mission Statement/Purpose
2. Executives, Elections and Terms
3. Committee Roles and Structure
4. Membership Distinctions and Requirements

Afterwards, the large group reconvened and a designated spokesperson shared comments from each of the workgroups. Jena Grosser will compile materials developed within each workgroup and send it out to the larger group for further comments.

Additional workgroups which did not meet include: Financial Affairs; Resources Development; and Hiring/Human Resources. The hiring committee will be in charge of selecting a Coalition Coordinator for CADI. If you would like to be a part of the hiring committee, please email Laura at [ltheinri@isdh.in.gov](mailto:ltheinri@isdh.in.gov).

Next Order of Business: Election of Year 1 Officers

5. The meeting adjourned at 4:10 pm.

**The next meeting will be held on June 13, 2012 (*please note the date change*). The meeting will be held at the Indiana State Department of Health, 8<sup>th</sup> Floor Training Room, 2 N. Meridian St., Indianapolis, IN 46204.**

**Additional information will be sent out via email prior to the next meeting. If you are a new member and not yet on the email distribution list, please notify Jena at [jena.grosser@gmail.com](mailto:jena.grosser@gmail.com).**